



Instructions:

1. **Cut straps out of white or blue wrap – .5" x 35"**

(as close as you can get, this is surprisingly the most annoying step). If you leave the blue and white together while cutting you will create 4 straps from the 2 cuts made from the wrap, by separating them and then pairing the white with the white and the blue with the blue you will have enough straps for 2 masks.

2. **Keep white and blue wrap together and cut 2 of the stencil**
3. **Layer 2 cut pieces together with blue side out**
4. **Sew with a straight stitch along the curved edge (.25" seam allowance).**
5. **Center the straps along the side edges and sew with a zig-zag stitch.**
6. **Cut off remaining thread.**

CATHEY'S MASK KITS



Cathey's is assembling mask kits for our sewing community to take home and sew masks for **MEDICAL PROFESSIONALS, FIRST RESPONDERS, AND LAW ENFORCEMENT FOR PERSONAL USE IN NON-CRITICAL AREAS** due to the shortage of personal protection equipment.

We are using the instructions and Kimberly Clark Kimguard Sterilization Wrap material provided to us by healthcare organizations to make these masks. Each kit contains enough material to produce 24 masks. 20 finished masks need to be returned to Cathey's. You may keep 4 masks per kit for personal use in NON-CRITICAL areas.

MASK KIT FAQs

Do you have masks for sale?

No. Only personnel with medical badges, medical licenses, or a law enforcement ID can pick up masks at our locations. We cannot supply masks to the general public.

What is the material?

The material being used to make these reusable masks is instrument sterilization wrap.

Are these masks the same or as effective as an N95 mask?

No, these masks are non-medical grade. The intention of these masks is for medical personnel and first responders to wear them over an N95 mask to lengthen its life, to save their certified masks and respirator filters for instances where they are at higher risk of exposure, or when medical-grade personal protective equipment is not necessary.

Is this material sanitizable?

Yes, in an autoclave. We have heard you can use a steam dryer as well and have had reports of it being hand washed with no issues (immerse in warm cleaning solution, water temperature not to exceed 120° F, and scrub with soft brush until clean).

Can we give you a donation?

We are not accepting any donations. Please consider donating to an organization on the front line, such as the CDC Foundation, a local foodbank, or United Way.

Can I reserve a kit?

No, we are making kits as fast as possible and giving them out on a first come first serve basis.

Can I get a kit and keep the masks I make?

You may keep 4 masks for personal use. The remaining 20 masks need to be returned to Cathey's to be distributed to the organizations that have donated material. We need to supply them with the masks as they are made.

Can I sell the masks I make?

Absolutely not. The materials are being donated so that the masks can be made for the healthcare professionals that need them. Please do not pick up any of our kits if it is your intention to sell the masks.

Can I make the mask my own way or according to other instructions?

Please make the masks according to the instructions provided to us by the healthcare organizations that are providing the material.

Does the seam go on the inside or outside?

Outside to prevent irritation.

What color and type of thread do I use?

The hospitals suggest using cotton thread, and any color is fine to use.

Does it matter which side of the mask I sew the straps to?

No, you can sew them to either side.

Do the straps get sewn to the sides or the top and bottom?

The straps should be sewn to the sides of the mask.

How many layers of material do I use?

You will use 2 layers. Do not separate the material when you cut it. Each shape you cut is ½ of the mask or 1 side of the mask (left and right).

Does it matter what color is out?

No.

Does it matter if my material is all blue instead of blue and white?

No.

For more information about homemade masks, please visit:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>

DISCLAIMER: These masks are NOT intended to prevent, treat, or cure COVID-19 or any diseases. The wearing of this type of mask can give some degree of barrier protection from respiratory droplets that are coughed or sneezed around them. Covering your mouth and nose will help prevent these droplets from getting into the air and infecting others. This type of mask may provide limited protection to the wearer, and help protect against the unintended transmission of an illness. This type of mask is not meant to replace an N95 mask. Proper use of an N95 mask is still the best way to prevent virus infection.

Cathey's
SEWING & VACUUM

5701 E Speedway Blvd • (520) 721-4000 • catheysew@catheys.com
8700 N Oracle Rd • (520) 797-7177 • oracle@catheys.com
18805 1-19 Frontage Rd B103 • (520) 300-5002 • duval@catheys.com
catheys.com